

My name is Busi Silota, I am 31 years old, I reside Orlando East, Soweto. I completed my matric in 2006 at Thokoza/thaba Secondary School East Rand. I am currently doing Social Auxiliary Learnership, as well as completed first aid and community health. I love working and helping people with disabilities.

In my spare time I do a door to door sanitary pads donations collection, for girls and women with disabilities, as this is a vulnerable and neglected community. **The attitude of the parents, family members and the community is that**, there is no use to look after a disabled child, it is a wastage of time, money and other resources, as they think that a disabled child / adult is not productive in any way. The main purpose of this project is to help provide girls with disabilities and young women with sanitary towel.

As you probably know, in the disability sector young girls will often share their sanitary towels (usually scrap cloth) with their mothers or other women in the household. Of course they are washed thoroughly between uses, but venereal diseases can be transmitted through sharing in spite of that. Also, the study shows that most of these underprivileged disability community miss school for at least four days each month over menstruation. These issues are not talked about in the companies and organizations that donate sanitary pads, due to embarrassment and lack of understanding about disability. Today 30th January 2019 I donated a plastic full of sanitary pads to the **Soweto Association of Persons with Disabilities** to uplift their self-esteem. You can also donate sanitary pad by contacting me on 071 128 8847 or e mail busisiwesilotar@gmail.com OR johannas@sowetoapd.org.za